



Dr. Karen Wang is a consultant psychiatrist specializing in children and youth. Prior to entering the field of medicine, she also worked as a high school teacher and guidance counsellor for the Toronto District School Board. She has experience in working with children, youth and families struggling with mental illness. Her main areas of focus include assessment and treatment of the following: attention-deficit hyperactivity disorder, depression, anxiety, emotion dysregulation, trauma, bipolar disorder, and psychotic disorders. She has specialized training in

Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Prolonged Exposure, Psychodynamic Therapy, and Interpersonal Therapy. She also stays active in her local church as a Sunday School teacher. During her free time, she likes to read and travel.