

Andrew holds a Master of Arts in Counselling Psychology from Providence Theological Seminary, in addition to an undergraduate degree in Counselling from Heritage College. Andrew's practice has been influenced by cognitive-behavioural theory, with a strong emphasis on practical, real-life application. He works with a diverse variety of clients including: children, adolescents, couples, families, and groups of various sizes. His research and writing has focused on the impact personal habits can have on significant relationships, especially in the realm of sexuality.